

**TUFTS MEDICINE CARE AT HOME
CLINICAL TEAM COMPETENCY
MEASURING LOWER EXTREMITY & ABDOMINAL EDEMA**

EMPLOYEE _____

STAFF POSITION _____

Date _____

Disciplines Involved: All VNA Professional Clinical Staff

Performance Criteria	Date	*Method of Assessment (√ all that apply)										Skill met (M) or unmet (U)
		1	2	3	4	5	6	7	8	9	10	
Verbalizes knowledge to always measure in centimeters (cm), the circumference of both lower extremities and the abdominal girth when evaluating for edema.					X							
Demonstrates/verbalizes measuring the circumference of the extremity at specific sites. The site for measuring the instep is 12.5 cm from the end of big toe. The site for measuring the ankle is 10 cm from heel. The site for measuring the calf is 28 cm from the heel.				X	X							
Demonstrates/verbalizes measuring the circumference of the abdomen. The abdominal girth is measured at the level of the umbilicus.				X	X							
Verbalizes that results of measurements for all sites measured are documented in the chart.					X							
Verbalizes that after measuring for edema patient education is provided using teach-back method.					X							
Verbalizes that after measuring for edema the clinician will communicate with the physician, if indicated.					X							

Summary Assessment Findings:

- ☐ Knowledge/skill level satisfactory
☐ Knowledge/skill level needs improvement

Specify plan to promote level of competency

Competency reevaluation in: ____ 6mos. ____ 1year ____ other

Employee's Signature: _____ Date _____

Evaluator's Signature: _____ Date _____

***Method of Assessment Legend**

- 1) Review credentials/experience
2) Review Cont. Ed./In-services
3) Observation of Performance
4) Verbal Review
5) Record Review

- 6) Post Test
7) Team Mts./Case
8) Yearly Performance
9) Review of Self Study
10) Other (specify)

Form to be filed in employee's personal record in Human Resources.