OASIS-C Item Guidance ADLs / IADLs

OASIS ITEM

(M1845) Toileting Hygiene: Current ability to maintain perineal hygiene safely, adjust clothes and/or incontinence pads before and after using toilet, commode, bedpan, urinal. If managing ostomy, includes cleaning area around stoma, but not managing equipment.

- O Able to manage toileting hygiene and clothing management without assistance.
- 1 Able to manage toileting hygiene and clothing management without assistance if supplies/implements are laid out for the patient.
 - 2 Someone must help the patient to maintain toileting hygiene and/or adjust clothing.
 - 3 Patient depends entirely upon another person to maintain toileting hygiene.

ITEM INTENT

Identifies the patient's ability to manage personal hygiene and clothing when toileting.

The intent of the item is to identify the patient's ABILITY, not necessarily actual performance. "Willingness" and "compliance" are not the focus of these items. These items address the patient's ability to safely perform toileting hygiene, given the current physical and mental/emotional/cognitive status, activities permitted, and environment. The patient must be viewed from a holistic perspective in assessing ability to perform ADLs. Ability can be temporarily or permanently limited by:

- physical impairments (e.g., limited range of motion, impaired balance)
- emotional/cognitive/behavioral impairments (e.g., memory deficits, impaired judgment, fear)
- sensory impairments, (e.g., impaired vision or pain)
- environmental barriers (e.g., stairs, narrow doorways, location of bathroom or laundry)

TIME POINTS ITEM(S) COMPLETED

Start of care

Resumption of care

Discharge from agency - not to an inpatient facility

RESPONSE—SPECIFIC INSTRUCTIONS

- Toileting hygiene includes several activities, including pulling clothes up or down and adequately cleaning (wiping) the perineal area.
 - Toileting hygiene includes the patient's ability to maintain hygiene related to catheter care and the ability to cleanse around all stomas that are used for urinary or bowel elimination (e.g., urostomies, colostomies, ileostomies).
- The patient's ability may change as the patient's condition improves or declines, as medical restrictions are
 imposed or lifted, or as the environment is modified. The clinician must consider what the patient is able to do on
 the day of the assessment. If ability varies over time, choose the response describing the patient's ability more
 than 50% of the time period under consideration.
- The toileting hygiene scale presents the most independent level first, then proceeds to the most dependent. Read each response carefully to determine which one best describes what the patient is able to do.
- This item refers the patient's ability to manage personal hygiene and clothing with or without assistive devices.
 The word "assistance" in this question refers to assistance from another person by verbal cueing/reminders, supervision, and/or stand-by or hands-on assistance.
- Select Response 0 if the patient is independent in managing toileting hygiene and managing clothing.

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RESPONSE—SPECIFIC INSTRUCTIONS (cont'd for OASIS Item M1845)

• Select Response 1 if the patient is able to manage toileting hygiene and manage clothing IF supplies are laid out for the patient.

- If the patient can participate in hygiene and/or clothing management but needs some assistance with either or both activities, select Response 2.
- Response 2 includes standby assistance or verbal cueing.

DATA SOURCES / RESOURCES

- Observation/demonstration is the preferred method
- Patient/caregiver interview
- Physical assessment
- Environmental assessment