## Employee Health

All employees are:

- Still required to report COVID or COVID like symptoms to Employee health and follow the guidance for continued work or quarantine.
- Follow all PPE requirements and hand hygiene in patient care.
- In the office setting, continue to practice good hand hygiene, cough etiquette, and consider wearing a mask when in close proximity with others for extended periods of time.

It is critical that you monitor your symptoms. What may what you think is allergies or the "sniffles" may actually be symptoms of COVID-19. To ensure the safety of our patients, please do not brush off these symptoms. If you have a temperature, a cough or sore throat and/or you do not feel well please do not come into the office or see your patients. Contact your manager and Employee Health for further instructions.

How to contact Employee Health:

<u>EmployeeHealthUpdates@homehealthfoudation.org</u>

• (978) 552-4100

## **Employee Health and Contact Tracing**

Home Health Foundation continues to see community transmission of the novel coronavirus that causesCOVID-19, and are taking steps to mitigate the spread of disease to both our staff and patients:

- Appropriate PPE use (standard precautions of face shield, procedure mask, and gloves. Gloves are to be utilized for invasive procedures (i.e. catheter care, wound care, trach care), hand hygiene.)
- Staff screening via the daily attestation
- Frequent hand-hygiene
- Social distancing
- Contact tracing

As such, we continue to follow the CDC guidelines for monitoring and isolating the disease to control further spread. One of the tools we utilize is contact tracing. As per guidance from the CDC and MA DPH, the employee health team reviews the findings of COVID testing and traces close contacts of the individual for the 48 hours prior to onset of symptoms. A close contact is defined as being within 6ft of infected individual for greater than 15 minutes. For asymptomatic individuals, contact tracing traces close contacts (staff and patients) of the individual for 48 hours prior to the positive test result.

The individual who has tested positive for COVID19 are made aware that close contacts will be notified and is reassured by the fact that in protecting their privacy, their identity will not be disclosed. The process for determining potential close contacts includes a thorough review of the EMR for visiting schedules and review with the individual and their manager to assess for potential staff contacts. Those individuals identified as close contacts are contacted and interviewed to determine the level of PPE worn during the encounter as well as the nature of the contact (distance and length of time). They are made aware of a potential exposure and are placed onto a self-monitoring regimen for 14 days.

The self-monitoring template requires the employee to take their temperature twice daily and answer a symptom checklist. This template is reviewed daily by Employee Health, If any symptoms are reported the employee is required to stay home and will be sent for testing.

As states in our service area begin to reopen, it may be tempting to get back to "normal." Pleasecontinue to be vigilant regarding:

- PPE use, including our standard precautions of face shield, procedure mask, and gloves. Gloves are to be utilized for invasive procedures (i.e. catheter care, wound care, trach care), hand hygiene.
- Participation in daily attestation screening process
- Continued frequent hand hygiene
- Social distancing (six feet apart)