

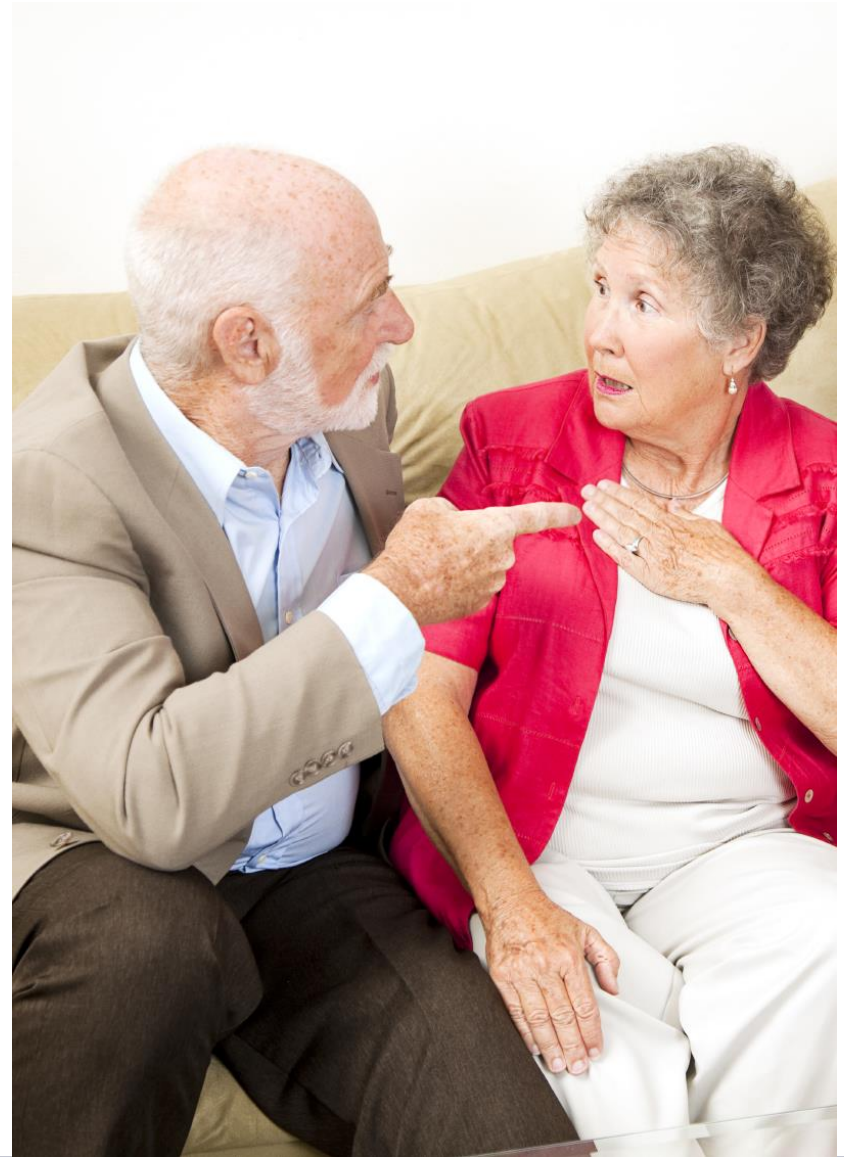
Module 8:

Behavior as Communication: Understanding and Responding

Section B



A problem behavior is a health or safety risk for the person with dementia or for someone else.



Problem Behavior???

Wearing mismatched clothes	No
Asking repeated questions	No
Pacing or wandering	<i>Maybe</i>
Refusing a bath or shower	<i>Maybe</i>
Tries to hit you	YES

What You'll Learn

- Recognize how we define a “problem behavior”
- Identify 3 behaviors that are an immediate risk
- Recognize 2 responses to an immediate risk
- Identify how to use the 4 W's (**What, Where, When & Who**) to learn the **WHY** of behavior

When a Problem Behavior is an Immediate Risk

The person with dementia is:

- Going to hurt you
- Going to hurt someone else
- Doing something that is a potential danger to themselves or others



Investigating Behavior:

How to Track Behavior

- At times we need to investigate to resolve a behavior. We want to learn:
 - The cause of the behavior (the Trigger)
 - What to change (the Trigger tells us)
- This is harder to do as the behavior happens
- Afterward, step back, look for clues, and come up with a solution

Investigating Behavior: Using a Behavior Log



Investigating Behavior: Using a Behavior Log

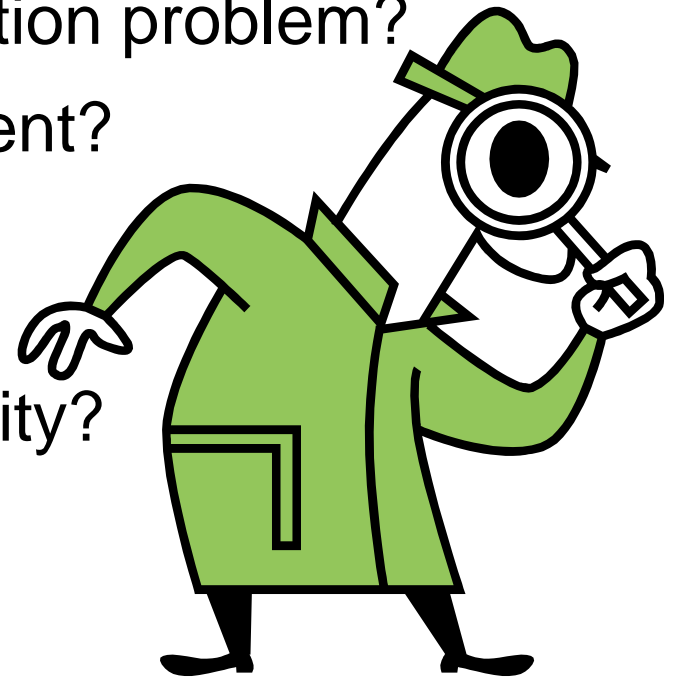
- What is the behavior?
- When did it happen?
- Where did it happen?
- What was there?
- What was going on before the behavior?



Investigating Behavior:

Additional Questions about the Behavior

- Is there a pattern?
- Was it caused by a communication problem?
- Was it caused by the environment?
- Was it caused by our approach to care?
- Was it caused by a lack of activity?
- Could it be caused by an internal trigger?



Behavior as Communication

When we learn the ***cause***, and make a change in our ***response***, we've listened to what their behavior is telling us. This is **Behavior as Communication.**



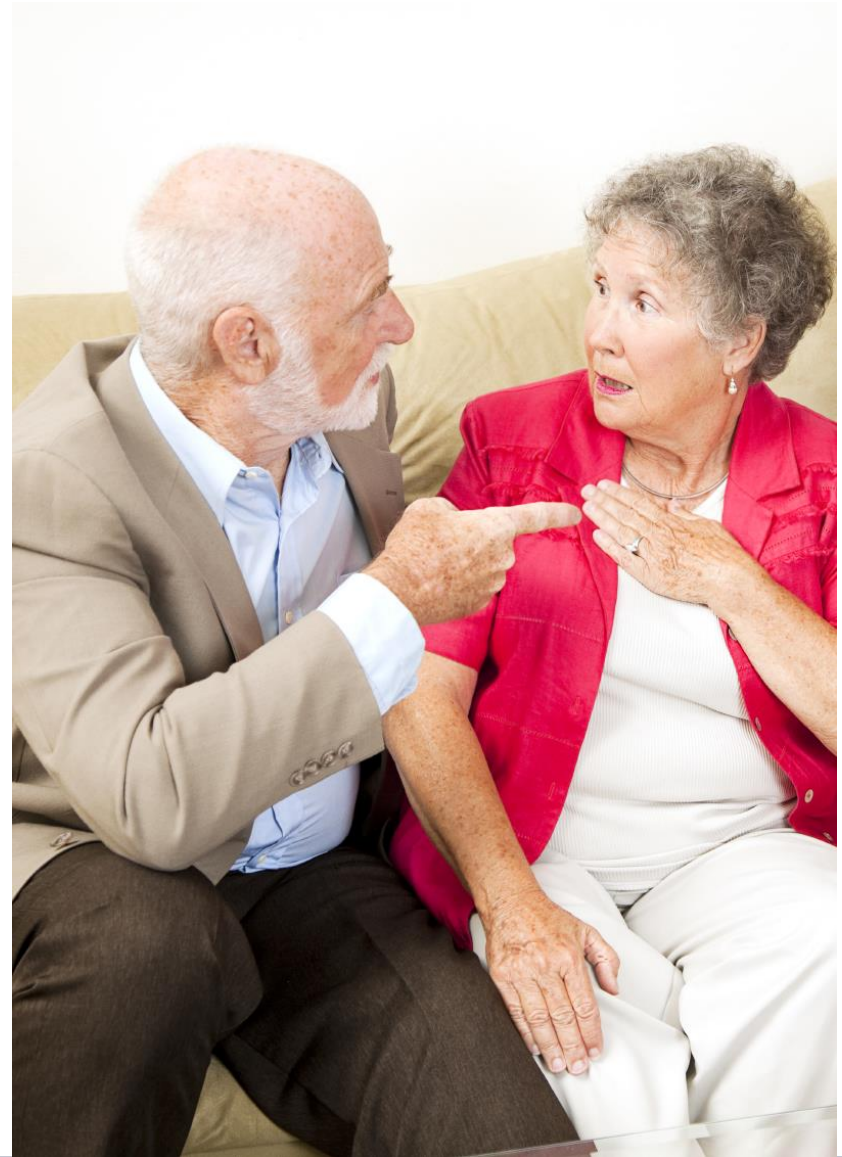
Putting it All Together: Using the Behavior Log



**What did we
talk about today?**

Let's review...

A problem behavior is a health or safety risk for the person with dementia or for someone else.



Responding to Immediate Risk

The person with dementia is:

- Going to hurt you
- Going to hurt someone else
- Doing something that is a potential danger to themselves or others



Investigating Behavior: Using a Behavior Log

- What is the behavior?
- When did it happen?
- Where did it happen?
- What was there?
- What was going on before the behavior?



Let's see what you've learned

Behavior as Communication
Understanding and
Responding: Test B