What is Toujeo®?

Prescription Toujeo® is a long-acting insulin used to treat adults with type 2 and type 1 diabetes for the control of high blood sugar. It should be taken once a day at the same time each day to lower blood glucose.

Do not use Toujeo® to treat diabetic ketoacidosis.

Important Safety Information for Toujeo®

Do not take Toujeo® during episodes of low blood sugar or if you are allergic to insulin or any of the inactive ingredients in Toujeo®. Toujeo® is not approved for use in people under the age of 18.

Please see full Important Safety Information for Toujeo® on page 6.
Please visit Toujeo.com for full Prescribing Information for Toujeo®.
**GET TO KNOW YOUR PEN**

You’ve taken an important step by adding Toujeo® (insulin glargine injection) U-300 to your diabetes treatment plan. Toujeo® is a long-acting insulin used to treat adults with type 2 and type 1 diabetes for the control of high blood sugar. Before you get started, here’s what you need to know about your pre-filled pen and your injections.

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**For single patient use only.**

Toujeo® SoloStar® Pens must never be shared, even if the needle is changed. The Toujeo® SoloStar® pen contains a total of 450 units and uses BD Ultra-Fine™ needles. Do not reuse needles.

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STORING YOUR SOLOSTAR® PEN

Unopened pen

Store in refrigerator with your pen cap on between 36°F and 46°F (2°C and 8°C) in the box it came in. Discard after expiration date

Do not freeze – if pen has been frozen or overheated, throw it away

Can be refrigerated until expiration date

Opened pen

Keep at room temperature below 86°F (30°C). Do not refrigerate an opened SoloStar® Pen

Keep out of direct heat and light

Discard 28 days after first use even if pen still contains insulin

A few things to remember:

• Do not leave in a car on a hot (above 86°F) or cold (below 36°F) day
• Do not use after the expiration date stamped on the label
• Do not use if insulin is cloudy, colored, or you see particles floating in it
• Do not store your pen with the needle attached

Important Safety Information for Toujeo® (insulin glargine injection) U-300

Do not share needles, insulin pens or syringes with others. Do NOT reuse needles.

You must test your blood sugar levels daily while using any insulin, including Toujeo®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Toujeo® contains 300 units per milliliter (300U/mL). You should always verify that you have the correct insulin before each injection. Your dose for Toujeo® may be different from other insulins you have taken. Any change of insulin should be made cautiously and only under medical supervision.

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CHOOSING AN INJECTION SITE

You can inject Toujeo® (insulin glargine injection) U-300 in three areas of your body: your abdomen, thighs and upper arms. (See illustration on right.) Your healthcare provider will show you how to inject. Use a different site within these three areas each time you inject.

1. **Stomach.** Anywhere except for a two-inch radius around navel

2. **Thighs.** Avoid injecting too close to bony area above knee

3. **Upper arms.** In fatty tissue on outer back area of upper arm

A few things to remember:

- Do not inject into a vein
- Rotate injection sites as instructed by your healthcare provider
- Never reuse needles
- Do not use if your pen is damaged or not working properly

Important Safety Information for Toujeo®

Do NOT dilute or mix Toujeo® with any other insulin or solution. It will not work as intended and you may lose blood sugar control, which could be serious. Toujeo® must only be used if the solution is clear and colorless with no particles visible.

Please see full Important Safety Information for Toujeo® on page 6. Please visit Toujeo.com for full Prescribing Information for Toujeo®.
YOUR FIRST INJECTION

1. Get ready
Remove pen from fridge 1 hour before use, as injecting cold insulin is less comfortable. Before using for the first time, read the full instructions leaflet in this box and follow any instructions you received from your healthcare provider. Always check the packaging and label of the pen to ensure you take the correct insulin and avoid mix-ups with other insulins or products that you may have been prescribed. For single patient use only.

2. Prep
With clean hands, remove pen cap and check to make sure insulin is clear and colorless without particles. You may see air bubbles in the insulin – this is normal. If you see particles, do not use pen.

3. Attach the needle
Wipe pen tip and rubber seal with alcohol swab and remove protective seal from new needle. Line needle up with pen and screw it on. Remove outer needle cap and save. Discard inner needle cap.

4. Perform a safety test
Dial 3 units by turning dose selector until dose pointer is between 2 and 4. Press injection button all the way in to make sure insulin comes out. If no insulin appears after 3 tries, change the needle and repeat this step. Do not use your pen if there is still no insulin coming out. Remember, never use a syringe to withdraw insulin from your pen. Perform a safety test before each injection.

5. Select your dose
Making sure the dose is set at “0”, turn dose selector until it lines up with your dose. If you turn past your dose, turn back. If there are not enough units left for your dose, selector will stop at the number of units left. To prevent jamming, do not play with the dial before using.

6. Inject the dose
Clean injection site with alcohol swab. Keeping pen straight, insert needle into skin. Press button all the way in with your thumb and hold. When you see “0” in dose window, slowly count to 5. Release injection button and remove needle.

7. Remove the needle
Grip widest part of the outer cap. Guide needle into cap and push firmly. Grip and squeeze widest part of cap and turn pen several times with other hand to remove needle. Discard used needle and replace cap.

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**DISPOSING OF NEEDLES**

- Place used needles (sharps) in a sharps container, which can be bought at a local drugstore, or use a plastic bottle that cannot be punctured.

- If a sharps container is not available, use a strong plastic bottle. Make sure the cap is on tight. When you’re ready to dispose of the bottle, put tape over the cap and write “SHARPS” on bottle.

- Take sharps container to an appropriate collection site (doctors’ offices, hospitals, pharmacies, health departments or fire stations).

A few things to remember:

- Do not put used sharps in containers that can be broken or punctured (e.g., glass bottles, soda cans)
- Do not put used sharps or used sharps containers in the trash or with recyclables
- Do not flush used sharps down the toilet or drop them into a sewer drain

To find out where to dispose of your sharps container:

- Ask your healthcare provider or pharmacist if they offer disposal or know about safe disposal programs in your area.
- Visit the Centers for Disease Control’s Safe Community Needle Disposal website: www.resource-recycling.com or the FDA’s website at www.fda.gov/safesharpsdisposal

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**Important Safety Information for Toujeo® (insulin glargine injection) U-300**

Tell your doctor about other medicines, especially ones commonly called TZDs (thiazolidinediones), and supplements you are taking because they can change the way insulin works. Before starting Toujeo®, tell your doctor about all your medical conditions, including if you have liver or kidney problems, are pregnant or planning to become pregnant, or are breastfeeding or planning to breastfeed. If you have heart failure, it may get worse while taking TZDs with Toujeo®.

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You must test your blood sugar levels daily while using any insulin, including Toujeo®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider.

Toujeo® contains 300 units per milliliter (300U/mL). You should always verify that you have the correct insulin before each injection. Your dose for Toujeo® may be different from other insulins you have taken. Any change of insulin should be made cautiously and only under medical supervision.

Do NOT dilute or mix Toujeo® with any other insulin or solution. It will not work as intended and you may lose blood sugar control, which could be serious. Toujeo® must only be used if the solution is clear and colorless with no particles visible.

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The most common side effect of any insulin, including Toujeo®, is low blood sugar (hypoglycemia), which may be serious and can be life-threatening. Symptoms of serious low blood sugar may include shaking, sweating, fast heartbeat and blurred vision. Severe hypoglycemia may cause harm to your heart or brain. Other possible side effects may include swelling, weight gain and allergic reactions.

In rare cases, some allergic reactions may be life-threatening. Injection site reactions are also possible and may include changes in fat tissue at the injection site, skin thickening, redness, swelling and itching.

Toujeo® SoloStar® is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.
YOUR FIRST INJECTION

1. Get ready
   Remove pen from fridge 1 hour before use, as injecting cold insulin is less comfortable. Before using for the first time, read the full instructions leaflet in this box and follow any instructions you received from your healthcare provider. Always check the packaging and label of the pen to ensure you take the correct insulin and avoid mix-ups with other insulins or products that you may have been prescribed. For single patient use only.

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