**BD AutoShield™ Pen Needle Instructions for Use for 5mm & 8mm**

It is strongly recommended that the abdomen be used as the preferred injection site.

1. **Attaching needle to the pen**
   - Look for tamper-evident label. Discard if this label is damaged or missing.
   - Pop the label, and twist to remove the Cap. This will tear the tamper-evident label. 
     **Note:** Avoid touching the Hub after removing the Cap.
   - Swab the rubber seal on the end of the pen with an alcohol swab prior to placing the Pen Needle. Push and twist the Pen Needle Hub onto the pen in a clockwise direction until it meets resistance. Do not over-tighten.

2. **Prepping pen for use**
   - Confirm the needle length (5mm or 8mm) on the Hub.
   - **DO NOT** touch the white Shield at any point prior to the injection. Any pressure on the Shield may cause the safety mechanism to lock, making the Pen Needle unusable.
   - Pull the cover straight off. The needle is hidden under the white plastic Shield.
   - Dial the prescribed dose on the pen, following the instructions of the pen manufacturer.

3. **Performing the injection**
   - **Recommended Method**
     - In a continuous motion, insert the needle into the flat skin at a 90-degree angle. Your thumb should not be on the button during this step. The needle has fully penetrated the skin when the white plastic shield retracts to the 5mm or 8mm indicator line on the Hub.
     - Maintain constant pressure against the skin and deliver the dose by depressing the button with your thumb. DO NOT remove the needle until the dose has been completely delivered. Refer to the instructions of the pen manufacturer for specific hold time.
   - **Alternative Method**
     - If there is a concern for potential intramuscular injection when using 8mm, use a wide pinch, allowing approximately 1” of skin between the fingers after the pinch is completed.
     - In one continuous motion, insert the needle into the flat skin at a 90-degree angle. Your thumb should not be on the button during this step. The needle has fully penetrated the skin when the white plastic shield retracts to the 5mm or 8mm indicator line on the Hub.
     - Maintain constant pressure against the skin and deliver the dose by depressing the button with your thumb. DO NOT remove the needle until the dose has been completely delivered. Refer to the instructions of the pen manufacturer for specific hold time.
   - **Incorrect**
     - DO NOT pinch less than 1” of skin between the fingers.
     - DO NOT inject with the needle pointing at an angle towards your fingers; this may result in a needle-stick injury.

4. **Disposal of Pen Needle**
   - Once the entire dose has been given, lift the pen away from the skin. The Shield will automatically lock in place. Metal tabs will appear confirming Shield is locked in place. An audible click may also be heard.
   - Remove Pen Needle from the pen by holding the Hub and twisting the pen counterclockwise. Do not cover tabs with fingers.
   - Discard the used Pen Needle into a Sharp Collector. **Note:** Dispose of all plastic packaging materials per your facility’s protocol.

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