

Protocol for Ortho patients with co-morbidities CHF/COPD

RN or PT SOC

The following must be performed and documented at SOC visit:

Orthostatic blood pressure

Apical pulse,

Respiratory rate

Temperature

Listen to breath sounds

The following measurements must be taken at SOC

Knee, calf, ankle, instep of foot on both extremities

Height and weight

O2 sats at rest and after activity

Dressing change per orders/as needed

PT/INR as ordered

Medication Reconciliation

Pain Assessment

***IF symptomatic for CHF/COPD- referral to Complex Care for telemonitoring assessment

Follow up visits:

RN if not in exacerbation/no symptoms RN may be performing 1-2 visits then PT managing clinical care

PT

Weight- if 3lbs or > since last visit, call MD & Clinical Manager- nursing to resume,

If weight is increased since last visit- measure abdominal girth

Also measure knee, calf, ankle and instep on both extremities

Orthostatic blood pressure

Respiratory rate

Apical pulse

Temperature

Listen to breath sounds

O2 sats pre and post activity

Dressing change as ordered/as needed

PT/INR as ordered

Pain Assessment

***IF symptomatic for CHF/COPD refer to Complex Care for telemonitoring assessment