

Outpatient Bridge Clinic Care Team



Ashley Tobey, PMHNP-BC

Behavioral Health Nurse Practitioner



Mary Silva, RN-BC

Behavioral Health Nurse Manager



Danielle Czekanski, LSW

Social Worker, Bridge Clinic



Deborah Ryan

Recovery Coach

Wendy Mitchell, MD, *Medical Director, Bridge Clinic*

Neelam Sihag, MD, *Chief of Psychiatry, Medical Director of the Psychiatric Nurse Practitioner Program*



**The Circle Health
Bridge Clinic**



The Circle Health Bridge Clinic

The Circle Health Bridge Clinic is a community resource for people 18 years of age and older who are struggling with addiction to substances and are ready for treatment. This program offers rapid assessment for treatment in a welcoming and supportive environment staffed by a clinical team specializing in substance use disorders.

Our clinic serves as a “transitional bridge” to longer-term treatment that fits each patient’s self-identified path for sustained recovery. We believe in removing barriers that prevent patients from accessing immediate treatment and meeting them where they are, with a compassionate and non-judgmental approach.

Conditions We Treat

- Opioid Use Disorder
- Alcohol Use Disorder

Services

- Assessment for Medication-Assisted Treatment
- Referrals to Inpatient Addiction Treatment Facilities
- Transportation to Addiction Treatment Facilities
- Recovery Coaching
- Opioid Overdose Education Including Naloxone (Narcan) Rescue Kits
- Connection to Outpatient Addiction Treatment Programs

Referrals

The Circle Health Bridge Clinic accepts referrals from inpatient services, outpatient practices, and Emergency Departments. We also welcome walk-ins.

Hours and Appointments

Located at the Lowell General Hospital Saints campus in the adjacent Medical Office Building, the clinic provides a variety of services and resources with the expert care you can trust from Circle Health. Same day walk in services are available, although we do encourage patients to call ahead for an appointment.

Circle Health Bridge Clinic
33 Bartlett Street, Suite 108
Lowell, MA 01852
978-934-8494

Monday – Friday
8:00am-4:30pm

For more information visit: www.circlehealth.org/bridgeclinic