How to Use the Ellipta



Instructions:

- 1. Check the dose counter to see the number of doses remain in the Ellipta inhaler.
- 2. Do not shake the inhaler at any time.
- 3. Slide the cover down until you hear it clicking into place.
- 4. Breathe out away from the inhaler.
- 5. Place the mouthpiece in your mouth and close your lips around it to form a good seal.
- 6. Do not block air vent with your fingers.
- 7. Breathe in deeply until you have taken a full breath.
- 8. Remove the inhaler from your mouth.
- 9. Hold your breath for 5 seconds or as long as comfortable.
- 10. Exhale slowly through your mouth or nose away from the inhaler.
- 11. Slide the cover upwards as far as it will go to cover the mouthpiece.
- 12. Check the number in the dose counter window to see how many doses are left.

Tips:

- Do not open the mouthpiece until you are ready to inhale the does. If the mouthpiece is closed, the dose is lost.
- Always close the cover after use.
- If you are using this inhaler for a corticosteroid preventer medication, rinse your mouth with water and spit after inhaling the last dose to reduce the risk of side-effects.