How to Use the Accuhaler

Instructions:
1. Check the dose counter.
2. Open the cover by using the thumb grip.
3. Load the dose. Keep the device horizontal while sliding the lever until it clicks. Do not shake the device.
4. Breathe out away from the inhaler gently.
5. Place the mouthpiece in your mouth without biting it. Close your lips to form a good seal and keep the inhaler horizontal.
6. Breathe in steadily and deeply.
7. Hold your breath for about 5 seconds or for as long as is comfortable.
8. While holding your breath, remove the inhaler from your mouth.
9. Breathe out fully away from the inhaler.
10. Close the cover of the device to click shut.
11. If more than one dose is needed then repeat the above steps starting with Step 2.

Tips:
- Never hold the inhaler with the mouthpiece pointing down during or after loading a dose. This can dislodge the medication, Keep it horizontal.
- Always close the inhaler after use.
- If you are using this inhaler for a corticosteroid preventer medication, rinse your mouth with water and spit after inhaling the last dose to reduce the risk of side-effects.

Cleaning:
- The inhaler needs to stay dry, so must never be washed. The mouthpiece can be wiped with a dry tissue if needed.