

**Tufts Medicine Care at Home
Annual Skills
Monofilament Testing**

Employee: _____ **Date:** _____

Evaluator: _____ **Date:** _____

Purpose: *To verify that the clinician demonstrates correct observable technique for monofilament testing on a simulated patient or model. Interpretation, documentation, and patient education are assessed separately.*

Step	Key Actions / Critical Behavior	Met	Needs Improvement	Comments
1	Performs hand hygiene and prepares monofilament for testing			
2	Positions patient comfortably with feet accessible and clean			
3	Applies monofilament perpendicular to skin with enough force to bend the filament			
4	Avoids callused areas during testing			
5	Holds monofilament in place for approximately one second before removing			
6	Tests all recommended sites: plantar surface of great toe and metatarsal heads 1, 3, and 5 on each foot			
7	Cleans or discards monofilament per infection control policy			

Evaluator Summary:

☐ Competent ☐ Repeat Evaluation

Evaluator Signature: _____ **Date:** _____

Employee Signature: _____ **Date:** _____