**MODERATELY SEVERE DEMENTIA & COGNITIVE DECLINE**

In this stage, dementia begins to have a serious impact on quality of life, and your patient cannot perform many tasks without support.

This stage of dementia marks a need for caregivers help to perform basic daily activities, such as eating, using the toilet, and other self-care. Seniors experiencing this stage of moderately severe dementia may have difficulty regulating sleep, interacting with others, or behaving appropriately in public settings.

Some of the Moderately Severe symptoms:

* Sleep difficulties
* Urinary or fecal incontinence
* Aggression and anxiety
* Personality changes including paranoia or delusions
* Inability to perform ADLs
* Pronounced memory loss
* Inability to recognize loved ones and caretakers
* Personality changes and mood swings
* Have trouble choosing clothing
* Problems recalling past events
* High risk of infections
* Difficulty eating

During this stage, the patient will begin to forget the names of their spouse, children, or primary caregivers. Once this stage has been reached, full-time care will likely be necessary, as they will generally be unaware of their surroundings. They may also be unable to recall recent events and develop skewed memories of their own past. Loved ones and caregivers should look out for delusional and obsessive behavior, anxiety, agitation, and loss of willpower. Patients may be likely to have trouble sleeping, wander, and experience hallucinations.

This stage of dementia can last 2-4 years.