TuftsMedicine
Care at Home

Tufts Medicine Care at Home
Annual Skills
Foley Catheter Insertion - Female

Employee: **Date:**

Evaluator: **Date:**

Purpose: *To verify that the clinician demonstrates correct sterile technique and procedural skill for insertion of a female Foley catheter. Verbalizations, documentation, and education are assessed separately.*

Step	Key Actions / Critical Behavior	Met	Needs Improvement	Comments
1	Performs hand hygiene and dons PPE			
2	Verbalizes correct positioning and drapes patient appropriately			
3	Opens Foley catheter kit using sterile technique			
4	Applies sterile gloves without contamination			
5	Lubricates catheter tip using sterile technique			
6	Cleanses perineum front-to-back using sterile swabs			
7	Inserts catheter slowly until verbalizing urine return is observed; advances slightly			
8	Inflates balloon with sterile water and confirms placement			
9	Attaches drainage bag and secures below bladder level			
10	Maintains sterile technique throughout procedure			
11	Performs hand hygiene and ensures patient comfort			

Evaluator Summary:

☐ Competent ☐ Repeat Evaluation

Evaluator Signature: _____ **Date:** _____

Employee Signature: _____ **Date:** _____