

**Tufts Medicine Care at Home
Annual Skills
Foley Catheter - Male**

Employee: _____

Date: _____

Evaluator: _____

Date: _____

Purpose: *To verify that the clinician demonstrates correct sterile technique and procedural skill for insertion of a male Foley catheter. Verbalizations, documentation, and education are assessed separately.*

Step	Key Actions / Critical Behavior	Met	Needs Improvement	Comments
1	Performs hand hygiene and dons PPE			
2	Verbalizes positioning patient supine and drapes appropriately			
3	Opens Foley catheter kit using sterile technique and prepares supplies			
4	Applies sterile gloves without contamination			
5	Lubricates catheter tip using sterile technique			
6	Cleanses glans penis using sterile swabs in circular motion from meatus outward			
7	Inserts catheter slowly until verbalizing urine return is observed; advances slightly			
8	Inflates balloon with sterile water and confirms placement by gentle tug			
9	Attaches drainage bag and ensures placement below bladder level			
10	Maintains sterile technique throughout procedure			
11	Performs hand hygiene and ensures patient comfort			

Evaluator Summary:

☐ Competent

☐ Repeat Evaluation

Evaluator Signature: _____

Date: _____

Employee Signature: _____

Date: _____